



Press Release for World Naked Bike Ride London 2026

Issued 9th April 2026



Start Locations and Times have been Announced for WNBR London 2026

The London leg of the World Naked Bike Ride (WNBR) has taken place annually since 2004, with the exception of 2020 when the ride was cancelled due to the pandemic.

WNBR London will ride on the afternoon of Sunday 14th June 2026. After two decades riding on a Saturday, this year, the ride has switched to Sunday.

In recent years, the Saturday has become increasingly busy with more traffic, events, road closures, road works, diversions, crane operations, crowds, protests, counter-protests, police lockdowns, and, of course, the Trooping of the Colour. In 2024 we had to rearrange almost everything to avoid the clashes and closures. In 2025 we managed to stick to the plan, but it was hard work. In 2026 we hope to have a better time by riding on the Sunday.

Riders will gather and ride from start points at Clapham Junction, Croydon, Deptford, Hackney Wick, Kew Bridge, Regents Park, Tower Hill and Wellington Arch. There is also an accessible, shorter option for riders who are less able to do the full ride. The routes merge into a spectacular 1,000+ rider peloton.

There will again be no start at Hyde Park or Victoria Park. The Royal Parks continues to find no way to accommodate our peaceful campaign, despite it being part of their customary duties to do so at Hyde Park. Tower Hamlets claims there is a risk of violence in Victoria Park.

"Apart from prudes, stiffs, codgers and devotees of the late Mary Whitehouse, literally everyone loves the World Naked Bike Ride. So much so, that it's sort of a shame that it only happens once a year."



Routes

Riders can choose from short leisurely rides or longer, harder routes into the centre before merging together into the spectacular 1,000+ rider peloton of the WNBR.

Clapham Junction is very convenient for the train connections, after all, it is the biggest junction and has the most trains passing through – over 2,000 on weekdays. It is optionally a circular route, with riders returning to the start point after completing the ride. Our start point is alongside the station (Platform 1 side) in a fairly small public square, so riders should not arrive early. The route is 9 miles (14½ Km) without the optional return leg.

Croydon is the longest of the routes at 20½ miles (32½ Km). It has a gentle pace of about 9mph (when moving, overall average will be closer to 6mph). Following a tour of a few town centres it will be joining the other groups in Central London. The venue is in a gated, private property with no onlookers. Riders are welcome to arrive early, relax, eat sandwiches, socialise and get painted.

Deptford at 10½ miles (16¾ Km) is another fairly long ride. It will meet other groups at Tower Hill and continue as part of a merged group. The start is hosted by the Piehouse Co-op, who are the new tenants. Riders can arrive early and socialise. It is a private location so there should be no onlookers. You might also get yourself bodypainted.

Kew Bridge is second longest at 17¾ miles (28½ Km). The ride crosses the meandering Thames several times before joining in with the Clapham Junction start. The ride starts from the southbound roadside at the north end of the bridge. As it is a roadside start, participants should not arrive early.

Hackney Wick is a popular start location at the Thingy Café, 1 Trowbridge Rd, London E9 5LD, which is close to Hackney Wick Overground Station. The start is hosted at a café so riders can arrive early, buy food, buy drinks, use the toilet and socialise. It is a good place for body painting with a good level of privacy as it is a private location, not open to the public. The café will be open from 9am.

Tower Hill is arguably the most scenic ride, starting alongside the Tower of London, crossing four bridges, riding alongside the river, passing by Big Ben. It's handy for London Bridge, Waterloo, Charing Cross, Fenchurch St and Liverpool St stations. We use a public area, so there will be onlookers and photographers. The ride from here is about 7¾ miles (12½ Km).

Regents Park is an easy ride down through the centre of town, and particularly good for people bringing bikes in via Euston or Kings Cross stations. The Royal Parks do not give us permission to muster in the park, so we start roadside instead. There has not been a problem with people visiting the park before the start, but they should not get naked, do bodypainting or look like they are lining up for the start! This is the shortest route at just under 7½ miles (12 Km).

Wellington Arch is again being used as an alternative to Hyde Park. It is the most popular start with several hundred riders, which can be overwhelming for nervous beginners. It is an easy route of around 8 miles.

All the routes merge for the core part of the route, from Westminster Bridge onwards, to form the 1,000+ rider peloton, which always moves at a safe, comfortable pace and gets stuck a bit. The number of participants each year varies depending on the weather.

Accessible Option

There are usually several participants with restricted ability to ride a bike. WNBR London has included an accessible option. It is a relatively short and easy route, running between two rest points.

Where and when to find WNBR London

Location	Meeting Point	Gather	Depart
Clapham Junction	Grant Road, SW11 2NU	14:00	14:15
Croydon	233 Shirley Church Road, CR0 5AB	10:45	12:45
Deptford	Piehouse Co-op, Arches 213 & 214, Edward St, SE8 5HD	12:00	13:30
Hackney Wick	Thingy Café, 1 Trowbridge Rd, E9 5LD	09:00	13:15
Kew Bridge	North end of Kew Bridge near W4 3NQ	12:45	13:00
Regents Park	Outer Circle, near NW1 4NA	14:05	14:20
Tower Hill	Trinity Square Gardens, EC3N 4DJ	13:15	14:15
Wellington Arch	Wellington Arch, Hyde Park Corner W1J 7JZ	13:45	14:15
Accessible Option	SE1 7GQ (wait there to be met)	15:00	15:15
AfterParty	The Steel Yard, 13-16 Allhallows Lane EC4R 3UE	18:00	23:00

Some starts have the option to arrive early and socialise. Some are roadside with no opportunity to relax. "Gather" time is the earliest people should arrive.

The finishing time is hard to predict given the likelihood of crowds, diversions and hold ups. We aim to complete the ride around 17:00 to 17:30.

Onward rides will head for the afterparty venue and back to Clapham Junction.

Legality and behaviour

The World Naked Bike Ride is a peaceful protest that intends to get its messages across by generating public interest. We want other road users and spectators to be pleasantly surprised and take notice. We do not behave badly!

The ride aims to attract attention to its themes by being a fun spectacle. Riders do not block roads, or move slowly, or ride dangerously, or cause damage, or lock on to things, or climb up buildings, or leave mess behind, or confront other people. It is a non-aggressive, lawful, campaign. Extensive route and organisational details are shared with the Police, who advise on potential conflicting activities.

As well as our team of around 60 volunteer marshals, we also employ professional security personnel to help keep participants and spectators safe and legal. Contrary to several

misleading reports in the press, the security team has been in place for several years and is not a response to specific incidents in London or elsewhere.

Extensive route and organisational details are shared in advance with the Police, who we rely on to alert us to problems and assist where necessary. There have been very few incidents over the years. The rare Police interventions have typically concerned bad behaviour by onlookers such as drunks, photographers and other road users.

Contrary to popular belief, since the Sexual Offences Act 2003, in England nakedness is not illegal unless you are doing it with the intention to alarm or distress someone – which clearly is not the intention of WNBR. Provided riders do not break other laws, there should be no problem. Clearly, people should follow the requests of the Police regardless of whether the law is on their side.

WNBR believes that some visibility of non-sexual nudity of diverse ordinary people is a good antidote to the highly distorted view that young people can develop about body image, normal human bodies, adult behaviours and loving relationships. According to the Mental Health Foundation, 79% of UK adults are unhappy about their body image, and, most worryingly, 13% have experienced suicidal thoughts.

Our body positivity / body acceptance theme is all about having a sensible attitude to the human body instead of suffering from the angst of body image and peer pressure for abnormal sexual activity. We all have bodies, we are all different, and that's OK. According to 2022 research, around 40% of people in the UK have indulged in at least one form of naturism, and the number has been growing.

(<https://www.theguardian.com/lifeandstyle/2022/oct/15/nearly-7m-people-uk-identify-naturists-nudists-survey-naturism>).

Important information for participants

There are many things our participants ought to know about the ride, for example, what it's about, where and when to meet, good behaviour, avoiding unwelcome photographers, how to choose the best start, etc. We publish a lot of guidance on [our website](#) and share it through website blogs, the mailing list, X/Twitter, Facebook and Instagram. Even so, it seems many participants do not read it.

We have created a seven-minute video, which talks potential participants through the most important points. It is available via our website at <https://wnbrlondon.uk/video>. We also recommend that they read our [blogs](#) about the ride and choosing your start.

About the worldwide World Naked Bike Ride

The World Naked Bike Ride is a global protest movement with rides in cities around the world. There are over 200 cities in 35 countries around the world that have WNBR activities. As well as promoting healthy life choices it can also be the best fun you can ever have on two wheels. The London ride has the excitement of a carnival, with big crowds to cheer it on. It is a “naked bike ride” but you can be “as bare as you dare” – body painting and fancy dress are welcome. It is fun, legal and all in a worthy cause.

Every year, in cities around the world, people ride bikes naked to celebrate cycling and the human body. The ride demonstrates the vulnerability of cyclists and is a protest against car culture. WNBR is a world-wide campaign, with a number of linked themes.

WNBR's objectives are to:

- Protest against the global dependency on oil
- Curb car culture
- Obtain real rights for cyclists
- Demonstrate the vulnerability of cyclists on city streets
- Celebrate body freedom

Last year's WNBR London ride

In 2025, WNBR London rode nine routes from Clapham Junction, Croydon, Deptford, Hackney Wick, Kew Bridge, Regents Park, Tower Hill, Wellington Arch, and an accessible easy start option. It was a warm, mostly sunny day. We counted over 1,200 riders.

As has often been the case, the ride coincided with the Trooping of the Colour in the morning. You can read more and watch our video at <https://wnbrlondon.uk/wnbr-london-2025-news-video/>. The film follows the riders starting at Wellington Arch, which was also involved in the royal celebrations. Early arrivers were able to watch the flypast by the Red Arrows, followed by the King, other royalty, the horse guards and marching bands processing through the start location. As ever, we are grateful for the excellent liaison, advice and assistance we had from the Police.

Participation

Anyone with a bicycle is welcome to participate for free, so long as they support the objectives of the World Naked Bike Ride. Riders simply need to turn up at the right place at the right time with a bike to ride. We recommend that participants sign up on their selected Facebook event so that they are more likely to pick up information and can invite all their friends to join them.

There are several bicycle hire shops available or riders could use London's famous "Boris Bikes" – Santander Cycles. There are also dockless bike hire organisations. The [London Bicycle Tour Company](https://www.londonbicycle.com) [<https://www.londonbicycle.com>] is offering a special hire deal, which includes a WNBR seat cover. Further information about bike hire is on our website at <https://wnbrlondon.uk/hire>. We ask riders to use a seat cover if they are using a hired bike. Covers are also available to purchase at starts.

Riders will be of all ages. Many couples take part. Families are welcome but children should be accompanied by their parent or guardian and should be appropriately dressed. We welcome all people from all backgrounds and want the ride to promote London's unique diversity and inclusivity for bike riders, including those new to cycling who want to gain the confidence to ride on London's roads – and want them to be safe. Whatever your ability or able-bodiedness or type of bicycle you are welcome.

It is not a race. Riders will be guided by the marshals at a pace that suits the least able participants and best serves to communicate WNBR's messages and objectives.

This is a “naked bike ride” so clothing is optional. We advise riders to wear shoes for safety reasons. No one should get naked before the official start of the ride or spend an unnecessarily long time dressing at the end. The protest has a carnival feel, so riders are welcome to adorn themselves with colourful patterns and slogans, fly flags and wear fancy dress. Many suitable slogans can be found on the website. Riders will probably want a rucksack, panniers or a bicycle basket to carry their belongings. (There is no place to leave things while riding.) Don't forget both suncream and waterproof bags!

If people want to stay anonymous, they can just turn up on the day. It is free and there is no requirement to register – riders can simply turn up at the right place at the right time with a bike. It is, however, a good idea to register via one of the [Facebook events](https://www.facebook.com/WNBRLondon/events/) [<https://www.facebook.com/WNBRLondon/events/>] and invite friends, family and colleagues.

AfterParty

In recent years, WNBR London has organised an AfterParty as a celebration of the ride and as a fundraiser for the next year. There will be entertainment, socialising, and some well-deserved rest. This year it will be at The Steel Yard, an entertainment venue in three giant arches under Cannon St station in Central London. Any supporters over 18 are welcome to attend. Details of the entertainment and tickets will be available closer to the date.

Costs and Funding

WNBR is made possible by volunteers and donors. No one is paid for working on WNBR, but there are several things that cost money, such as professional security personnel, insurance, road closure fees, communications equipment hire, printing, armbands etc.

The ride is completely free to attend. Supporters can make donations towards the costs via PayPal or bank transfer using the “Donate” buttons on the WNBR London website.

Photocall for Sunday 14th June 2026

This protest takes place on the streets of London and attracts many professional and amateur photographers and filmmakers. As such, we are not in a position to impose conditions or restrictions.

As a campaign, we welcome and support positive media coverage. We will assist media to obtain good coverage provided they follow some basic rules to respect our participants – most of whom are supporting our cause but not seeking to become accidental soft-porn stars.

We ask you to follow these rules to respect the participants' privacy in return for our co-operation:

- Images featuring individuals should only be obtained with their explicit consent. That consent should include any commercial or public use you intend to make with your images.
- Images featuring faces in a crowd should not be blown up to feature individuals without their consent.
- This is a ride, so images should be of people riding.
- We do not welcome images of people undressing, dressing or standing around waiting – these miss the point and appear exploitative.
- We have had problems with unwelcome photography by members of the public who are determined to get unauthorised close-ups of naked people – so you can expect some adverse reactions if you appear to be doing so.
- We advise you to identify yourselves as PRESS or professionals so that you are not mistaken for problem photographers and so that people can avoid you if they wish.

The ride has multiple start points. To see the full impact, you should wait until the separate groups have converged around Westminster Bridge. Following a rest break, the riders will continue in a continuous peloton.

Journalists and photographers sometimes like to travel with the ride. You may prefer to hire a pedal taxi chariot so that you can work on the move. We advise against any form of motorised transport as it is likely to irritate the participants and conflicts with the themes of the ride.

All timings are approximate and can be impacted by traffic conditions, closures, diversions, other events etc. Contact us for an update a day or two beforehand - after the final test ride has confirmed our plans.

Links

<https://wnbrlondon.uk>

<https://www.facebook.com/WNBRLondon/>

<https://www.facebook.com/pg/WNBR-London-182853265124724/events/>

[@WNBRLondon](https://x.com/WNBRLondon)

<https://www.instagram.com/wnbrlondon/> @WNBRLondon

<https://www.youtube.com/wnbrlondon>

<https://vimeo.com/wnbrlondon>

[London Bicycle Tour Company](https://www.londonbicycle.com/hire) [<https://www.londonbicycle.com/hire>]

Resources

More information is available at <https://WNBRLondon.UK>

Requests for further information are welcome at london@wnbrlondon.uk.

A 30 second promotional video is [available for download](https://www.youtube.com/watch?v=QppEztj_jm8), or viewable at https://www.youtube.com/watch?v=QppEztj_jm8.

This video was edited to be PG / social media safe.

There are other collations of clips on our [shared media folder](#). These are not designed to be coherent videos, they are just collections of clips that the media may use to support news coverage and articles. Our clips may be used for the purpose of illustrating WNBR in a positive manner. We can supply original out-of-the-camera clips if requested in advance.

Many photos are available on the internet, most are somewhat exploitative and not appropriate for publication.

We rely on your judgement for suitability in any given publication. Some photos might not be suitable for a family audience. Use of the photos below for the purpose of promoting WNBR has been approved by the named photographers and any featured individuals. Photography credits are preferred but not essential. Please do not blow up crowd scenes and backgrounds to feature people who are just a face in the crowd.

These and several more photos and images can be downloaded from a Google Drive folder which is for press use only – please do not publish the address of the folder! Alternatively, email us to request a copy.

<https://drive.google.com/drive/folders/0Bw9utABL3mPxX3RrakliTXgyY1k?resourcekey=0-J5FNGdGbuKEj2ZVpwi-tTQ&usp=sharing>

WNBR London - entering The Mall
photo by Julian Newton

P1180486ce.JPG
4756 x 3096



Start Locations for 2026

World Naked Bike Ride London, Sunday 14th June 2026			
Start	Meeting Point	Arrive	Depart
Elephant and Castle	Elephant Road, W13 2NF	14:00	14:20
London	210 White Cross Road, E9 5SD	14:40	15:00
Drayton	Technical College, Acton, W5 2 7JL, Piazza D, 09E 96D	15:00	15:30
Hackney Wick	Tempo Cafe, 2 Entrance Rd, E14 5AD	00:00	02:00
Leamington	Northward of New Bridge, W6 0ND	13:45	14:00
Regents Park	Outer Circle, Near Walk 4 Way	14:00	14:30
Seven Mills	Trinity Gardens, Seven Mills, E20 2JN	13:30	14:00
Walthamstow	Walthamstow, Walk Park Green, W11 7JF	13:45	14:15
Accessible Option	See below (ask there to see text)	14:00	15:00
Blue Party	Three Good Yard, 156 St Andrew Lane, PO8 8 5UF	16:00	17:00

Start times are subject to change - check our website for latest info

Participants in the accessible option must wear a helmet

You can just see up at the light (see and listen with a bike to ride)

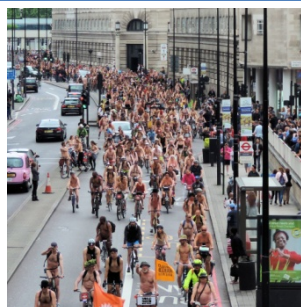
If you sign up to one of our Facebook events you will see more details, receive updates and be able to message us on the thread.

See <https://www.facebook.com/WNBRLondon/>

Read all about it on <https://www.wnbronline.com>

World Naked Bike Ride passing by Waterloo,
London. Photo by: BAZ

DSCN2536ce2.JPG
1979x1979



World Naked Bike Ride passing by Waterloo,
London. Solarised and edited for social media.
This version attempts to avoid any bodily features
that are unacceptable to social media. Original
photo by: BAZ

dscn2505cesolar5.jpg
2434x3246



Ride leader Natasha shepherding the World
Naked Bike Ride past Buckingham Palace. Photo
by Scott Hortop

Naked-Bike-Ride-London-WNBR-20150613-
_DSF5087.jpg
3000x2207



Riders from the Tower Hill start, pausing on
Southwark Bridge
Video still by Cy Wol

TowerHillies1920x1080.jpg



Marshal Katie enjoying the ride along the Mall to Buckingham Palace.
Photo by Mike Grenville.
1191 x 1488



WNBR London's Hyde Park start group passing through Trafalgar Square, 4062 x 2708.
Photo credit: Huw Glyne-Thomas
<https://www.flickr.com/photos/87585332@N06>

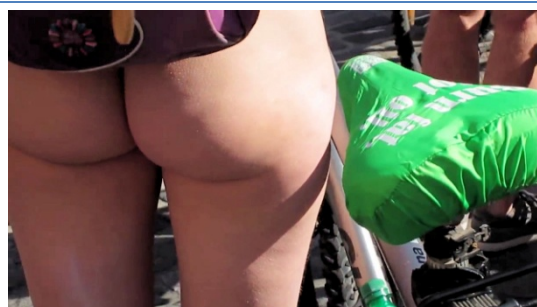


World Naked Bike Ride, London, 2018. Riders from the Tower Hill start are the first to arrive at the rendezvous point.
Photo by Cy Wol. 4000x1238



WNBR Rider with "Burn Fat Not Oil" slogan saddle cover. Photo by: Cy Wol

vs170429-001.jpg
1280x720



Naked bike riders keep their shoes on! Photo by: Cy Wol

mvi_3573e.jpg
1280x720



World Naked Bike Ride participants outside County Hall (June 2014) Panoramic Shot. Photo by: Biggsytravels

biggs160231.jpg
7283x988



Naked Bike Rider vs London Traffic. Photos by:
Cy Wol (from video stills – medium resolution)

vs170429-004.jpg
1280x720



Naked Bike Rider vs London Traffic. Photos by
Cy Wol (from video stills – medium resolution)

vs170429-003.jpg
1280x720



Naked Bike Rider vs London Traffic. Photos by
Cy Wol (from video stills – medium resolution)

vs170429-002.jpg
1280x720



World Naked Bike Ride bicycle, decorated with
flag and slogans. Photo by: Cy Wol

vs170406-001.jpg
1280x720



The Queen at the Houses of Parliament
Photo by Scott Hortop

The-Queen-London-Naked-Bike-Ride-
Westminster-20140614-_MG_1136.jpg
1746x2625



World Naked Bike Ride participants outside
County Hall (June 2014). Photo by: Biggsytravels

biggs155604.jpg
2404x2405



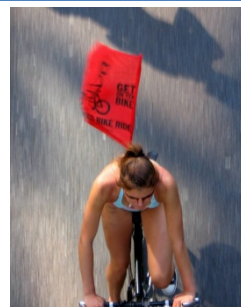
World Naked Bike Ride participants approaching Trafalgar Sq (June 2014). Photo by: Biggsytravels

Biggs14170344.jpg
2046x1200



World Naked Bike Rider with flag. Photo by Cy Wol

IMG_0218e.JPG
500x625



WNBR London skyline couple
Riders(blank).jpg
1040x720



WNBR Tandem Logo

WNBRtandemlogo.png
859x964



This media information was prepared by

World Naked Bike Ride London

london@wnbrlondon.uk

<https://WNBRLondon.UK>

[https://www.facebook.com/WNBRLondon/
@WNBRLondon](https://www.facebook.com/WNBRLondon/@WNBRLondon)